## CSPA AGM, February 25, 2017

## Long Term Athlete Development (LTAD) Committee Report

(reporting period December 1, 2015 to November 30, 2016)

For the 2016 budget year, the LTAD committee was responsible for the Athlete Development funding. The LTAD committee and the Women's Initiative committee worked together to try to develop a joint application process with the intention of making the process easier for those submitting an application. There were a total of 8 applications received for Athlete Development funding. Only three applications met the criteria for funding. The successful applications were for events that provided seminars/coaching in wingsuit flying and formation skydiving. The LTAD committee is reviewing the criteria for funding in preparation for the 2017 application process. The committee will endeavor to make the criteria clear and again work with the WIC to coordinate the application process.

Revisions to Flight Plan, the Long Term Athlete Development (LTAD) document for CSPA, are in process. The revisions to Flight Plan are to insure our sport specific document reflects information contained in the generic Canadian Sport for Life (CS4L) LTAD plan. It is important to maintain our document and reflect any new information identified by CS4L (visit the website canadiansportforlife.ca). The revised version of Flight Plan will be posted on the CSPA website following translation of the revisions and approval by the Board.

Along with revisions to Flight Plan, the committee is working on the skills matrix related to competing in each discipline. The document is a work in process and identifies skills that are acquired, consolidated and refined for each discipline at the appropriate stage of skydiver (athlete) development.

In years past, LTAD has promoted Flight Plan by partnering with the FS 4-way National team in providing a tunnel skills camp. The focus of these camps has been to develop the skills of skydivers at stages 4 or 5 and promote competition involvement. Offering a tunnel skills camp depends on the availability of National team members to provide the organization and coaching of the camp. Due to National team members training schedule, a tunnel skills camp is not always possible and this was the case for 2016.

Each year the CS4L Summit provides the opportunity for sport groups to learn about new developments, new ideas, best practices and information regarding long term athlete development. Our Executive Director, Michelle Matte-Stotyn, has been able to attend the summit the last several years. LTAD committee members are given the opportunity to attend as well but with busy schedules it is not always possible. Information from the Summit has been beneficial and learning what other sports may be developing can be helpful as we keep our LTAD plan up to date.

Looking ahead to 2017, the committee will finalize the revisions to Flight Plan; process applications for Athlete Development funding; continue work on the skills matrix and promoting LTAD.

I want to thank the members of the LTAD committee for their on-going commitment to CSPA and the LTAD committee.

Submitted by,

Doreen West-Gemmell LTAD committee chairperson