

Long Term Athlete Development 2024 Committee Report

The Mission of LTAD

- ✓ To develop a skills identification system for novices at the point of entry into our sport
- ✓ To identify and integrate pre-jump training into the progression system
- ✓ To expand the path of skydiver progression
- ✓ To identify gaps in the current progression system and provide solutions
- ✓ To create a streamlined, understandable and efficient system
- ✓ To act as the agent of change to create proper planning, training, competition and recovery programs for developing Canadian skydivers
- ✓ To provide a planning tool, based on scientific research, for coaches and administrators
- ✓ To provide awareness, education and action planning
- ✓ To improve communication between all partners
- ✓ To help athletes win!
- ✓ To facilitate lifelong enjoyment in skydiving

How Do We Create Improvement?

1. **Creating plans and actions that promote the following:**
 - Value in the relationships,
 - Collaborative approaches,
 - Secured trust, and
 - Most importantly: **Harmonization of a common goal!** This approach and way of thinking will result in more stakeholders in our sport engaging, volunteering, and creating an opportunity to increase financial value
2. **Be willing to listen, work together, and take action!**
 - Creating the vision of improvement only requires one person
 - Developing the process of improvement requires a team
 - Implementing & sustaining improvement requires a community!

2023 In A Glance: The Committee

- LTAD long time Chair, Doreen West-Gemmell retired after dedicating many years to not only LTAD but the entire skydiving community. Doreen brought forth a passion for the sport on so many levels and was instrumental in the development of Flight Plan and working to strengthen the recognition of skydiving within Sport Canada.
- LTAD committee members consist of the following:
 - Allison Cooney (Chair)*
 - Richard Bisson*
 - Mélanie Guérin*
 - Shannon Mason*
- The LTAD team is looking for two (2) more individuals to join the committee. We are looking for individuals passionate about the development of our sport and the stakeholders within CSPA.

2023 In A Glance: Funding

- Overall LTAD finished the 2023 year \$8,110.81 below the forecasted budget. The main impact to being below budget was that although \$7,500 was secured for approved funding applications, several applicants did not meet the setout requirements to receive the funding leaving a balance of \$4,082.01 in unclaimed funding (although \$1300 is still pending payout). Additionally, some expense reimbursements were lower than the allocated funding as well.
- Due to restructuring, there were no Tunnel Skills Camps in 2023; However, conversations are in progress to reimplement this again in 2024
- A grant was received by MSPA of \$500 to be allocated as agreed upon by LTAD towards athlete development. The decision was made to grant 5 recipients attending CSPA Nationals grants of \$100 each. These were given and appreciated by those random winners.

2024 LTAD Action Plans

- Grow the existing LTAD Committee Team from four (4) current members to six (6)
- Evaluate existing Athlete Develop Funding guidelines for areas of opportunity and maximum funding distribution
- Research for additional funding and grant opportunities for CSPA
- Research the needs and feedback of all stakeholders via email distribution of questionnaires and scheduled meetings
- Evaluate the existing resources for all stakeholders and ways to improve utilization (Flight Plan, Skills Grids, PIMs, Website, etc)
- Evaluate and improve the existing Mentorship Program & the Safety and Inclusion Program in collaboration with WIC & CWC
- Develop & implement seminars for all stakeholders
- Develop & implement meetings with DZOs
- Collaboration with T&SC regarding SMS processes & procedures
- Collaboration with CNTC regarding continued development of competition within Canada

2024 LTAD Dropzone Operators Survey

The goal conducting a survey for Dropzone Operators was to gather more information from Dropzone owners across Canada (regardless of affiliation) as it pertains to areas of opportunity & strength within CSPA. The goal of LTAD moving forward is to understand the barriers in order to better create systems, programs, and other avenues that encompass all stakeholders in our sport.

Key Topics Included:

- *General data gathering (aircraft type, student programs, Skydive Association affiliation(s), etc.)*
- *Ranking of what they believed should be of highest priority as it relates to how CSPA should support Dropzones*
- *Rate general areas as to how they feel CSPA can support Dropzones as it relates to Sport Jumpers*
- *Questions surround competition at all levels*
- *Understanding the areas of possible opportunities within, but not limited to, CSPA PIMs, BSRs, Ratings, CoPs, and skydiving progression*

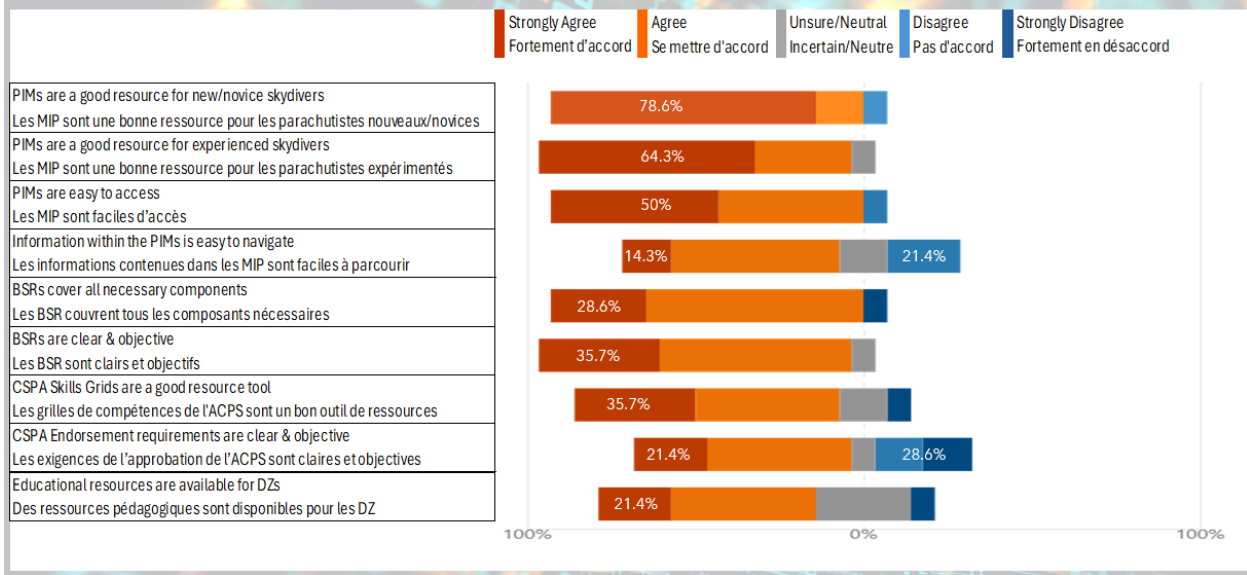
Where should CSPA prioritize support for DZOs?

1. Legal Defense
2. Skills Progression Materials
3. Safety Initiatives and Reporting
4. Coaching & Mentoring
5. Funding Opportunities
6. Governing Regulatory Agency communications and support

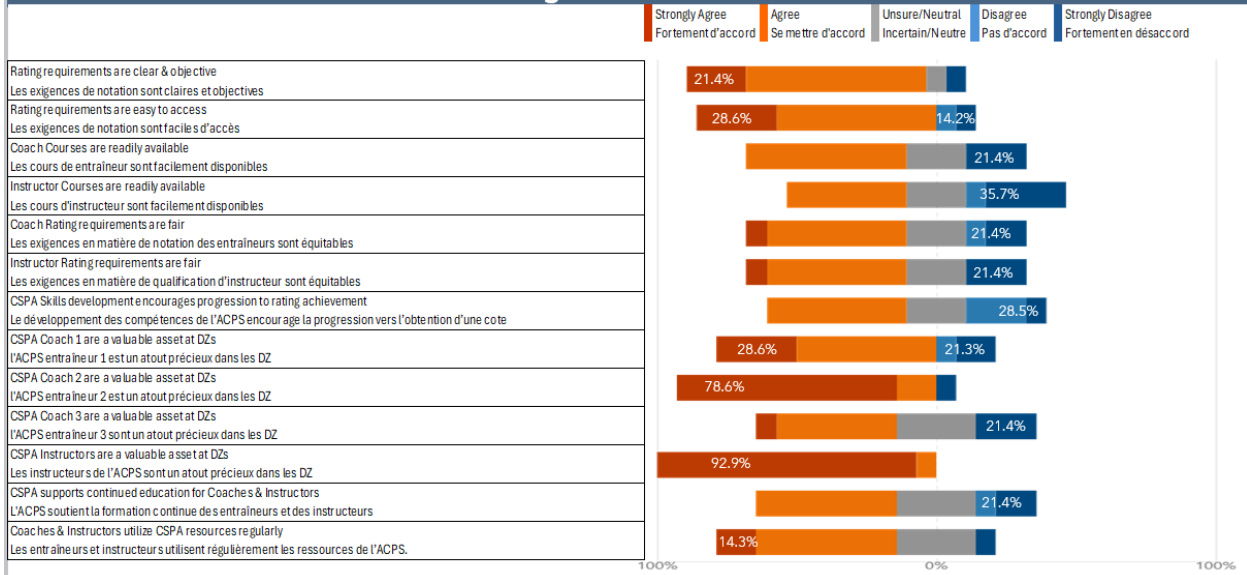
Where should CSPA prioritize support for DZOs as it relates specifically for skydivers?

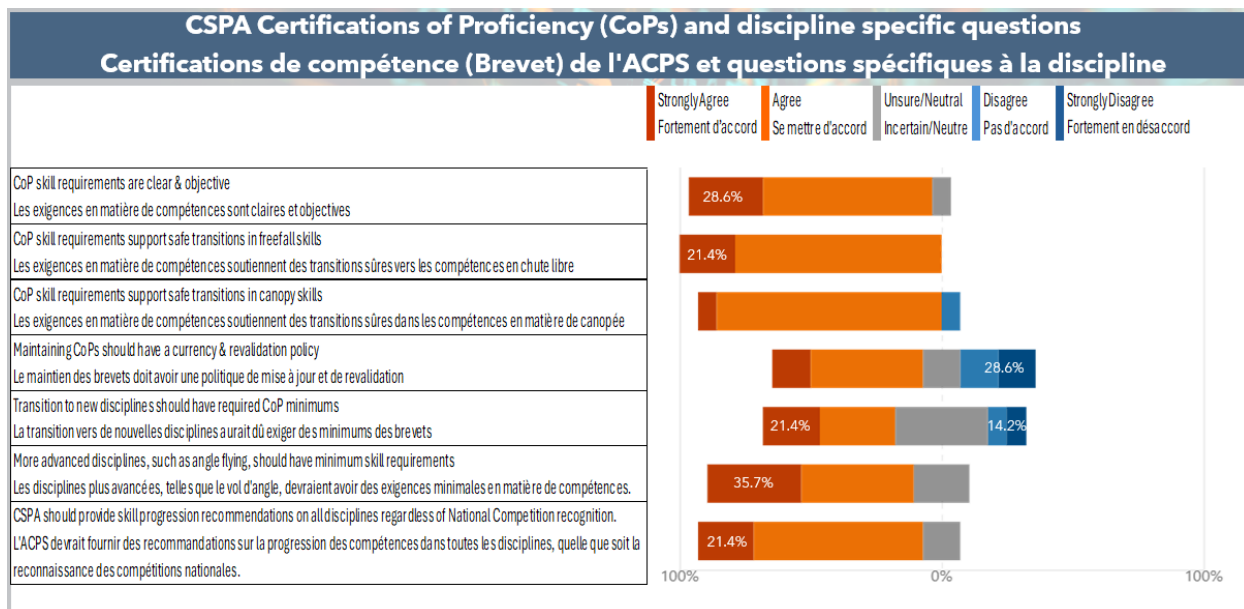
1. Skills progression
2. Continued education for coaches and instructors
3. Safety root cause analysis reporting
4. Safety Day
5. Safety education and seminars

CSPA PIM/MIP de l'ACPS



CSPA Ratings/Évaluations de l'ACPS





What additional areas of opportunity and support can CSPA provide?

1. More initiatives to the general public to promote the industry
2. Evaluate existing communication processes especially around CSPA changes and/or updates
3. Industry trends in regards to, gear, safety, regulation and business trends

Where do we go from here?

1. Continue gathering feedback
2. Collaborate with CSPA committees to consider action plans
3. Continue to strengthen CSPA systems, processes, and materials for all stakeholders

2024 LTAD Projects

- Evaluate existing Athlete Develop Funding guidelines for areas of opportunity and maximum funding distribution
- Continue gathering and analyzing Dropzone operator survey
- Implement a survey for coaches and instructors
- LTAD is working with a specialized group of experienced movement skydivers, specific to tracking and angle flying, to develop skill progression guidelines and recommendations. In collaboration with CWC, we look to roll out the program in stages with the goal of a fully developed endorsement program and implementation of this discipline recognized within the existing Coach 3 framework.
- Improve educational communication through existing Social Media platforms covering a variety of topics for all stakeholders
- Continue education surrounding Flight Plan and the benefits of incorporating the program in every aspect of skydiving!

“If everyone is moving forward together, then success takes care of itself.” ~ H. Ford

Regards,
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